## VIOLENCE

# sexuel MOTIONAL ABUSE

about themselves. Name calling. Making them think they're crazy. Playing mind games. Humiliating one another. Making them

### Putting them down. Making them feel bad

feel guilty.

Controlling what another does, who they see and talk to, what they read, where they go. Limiting outside involvement. Using jealousy to justify actions

physical

### **Teen Power & Control Wheel**

### USING SOCIAL

INTIMIDATION:

gestures. Smashing

things. Destroying

Making someone afraid

by using looks, actions,

property. Abusing pets.

Displaying weapons.

Treating them like a servant. Making all the decisions. Acting like the "master of the castle." Being the one to define gender roles.

### **SEXUAL COERCION:**

Manipulating or making threats to get sex. Getting them pregnant. Threatening to take the children away. Getting someone drunk or drugged to get sex.

PEER PRESSURE:

Threatening to expose

someone's weakness or

spread rumors, Telling

malicious lies about an

individual to peer group.

Making and/or carrying out threats to do something to hurt another. Threatening to leave, commit suicide, or report them to the police. Making Physical them drop charges. Making them do illegal things.

Making light of the abuse and not taking concerns about it seriously. Saying the abuse didn't happen. abusive behavior, Saving them caused it.

### INIMIZE/DENY

Shifting responsibility for

VIOLENCE





