

Grief Resources

In the Oklahoma City Area

CALM WATERS

- Phone: (405) 841-4800
- 3525 NW 56th Street Oklahoma City
- A support center for children whose lives have been changed by death or divorce.

DEACONESS HOSPITAL (OKC)

- Phone: (405) 604-4444
- Contact: Joyce Long
- On the 2nd Tuesday of every month, the RTS Bereavement Support Group meets. This is an informal support group session where families are encouraged to share their experiences.

KIDS JOINING ETERNITY

- Phone: (405) 802-5739
- Contact: Melanie Edwards
- The intent to help parents, siblings, family members, friends and caregivers come to terms with the loss of a child whether it be through miscarriage, stillborn loss, sudden infant death, and/or chronic childhood illness.

OKLAHOMA FAMILY NETWORK

- Phone: (405) 271-5072
- Contact: Joni Bruce
- Offers one-on-one mentoring for families who've experienced the loss of an infant or child with special needs.

The pain of grief can often cause you to want to withdraw from others and retreat into your shell. But having the face-to-face support of other people is vital to healing from loss.



GRIEFSHARE

a special support group for people who are grieving the death of someone close to them. Several churches throughout the Oklahoma City Metro area offer a GriefShare group.